

BYLAWS - EFPP CONSTITUTION

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THE FOLLOWING MINIMAL TRAINING STANDARDS HAVE BEEN AGREED FOR QUALIFICATION OF PSYCHOANALYTIC PSYCHOTHERAPY PRACTITIONERS IN THE PUBLIC SECTOR

C) CHILD AND ADOLESCENT PSYCHOANALYTIC PSYCHOTHERAPY TRAINING

Amended and adopted March 2017 at the Delegates Meeting

- 1. Training is organised and implemented by an organisation with training as one of its primary purposes. The organisation keeps a record of its members.
- 2. The organisation clearly defines the status of its members and keeps a record of those members who are entitled to practice independently as qualified psychoanalytic child and adolescent psychotherapists (European certificate level). The minimum criteria, which an organization should meet in order to be recognized by EFPP as a training organization are described below. The full training may be divided into parts. However, in order for the training to be certified by the EFPP the quantitative sum of the parts should be at least the same as the criteria's stated below:
- 3. In exceptional cases, the child and adolescent section members of the Board of EFPP can consider such special circumstances, which do not permit a member country to meet the stated training standards. Such an approval of standards below the certificate level is provisional and must be reconsidered after 5 years.

Minimum requirements for the certificate level:

- a) Four to five years of training
- b) 300 teaching hours of theory seminars covering, at least, psychoanalytic theory, human growth and development, psychopathology and psychoanalytic concepts and technique.
- c) Psychoanalytic infant observation of 30 small group seminars (1 year) covering the weekly observation of an infant from birth to 1 ½ 2 years old.
- d) 60 120h small group clinical seminars, covering, at least, work with parents, non- intensive psychotherapy, (technique) and assessment.
- e) Individual supervision (120h -160h) of 400 480 h of intensive psychotherapy (2-3 times a week) of three different cases (young child, latency child and adolescent) of both sexes.
- f) Group supervision (60h –120h) of 3-6 non-intensive psychotherapy cases.
- g) Trainees should be in personal intensive psychotherapy or psychoanalysis with an approved psychoanalytic psychotherapist or psychoanalyst, 2-3 times weekly at least for the duration of their training.
- h) Before qualification, a clinical paper should be submitted and approved.



The teachers and supervisors should be senior child and adolescent psychotherapists. Applicants should be graduates in medicine, psychology, social work or hold an equivalent university degree. They should have some professional experience of working with children and/or adolescents of at least 2 years and should be assessed for their personal suitability.

Further clarifications of the training standards are included in the EFPP European Certificate.